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ENJOY  
RELAX  
FORGET ABOUT TIME



# HÜRLIMANNBAD & SPA ZÜRICH

At Hürlimannbad & Spa Zürich, you can enjoy ultimate rest and relaxation as you bathe in our centuries-old vaults. The spa area was completely renovated in 2022 and now features a whole new look. The wooden walls hark back to its history as a former brewery, while the outdoor bathing area on the roof offers a stunning panoramic view of Zürich. The Roman-Irish spa ritual is the only one of its kind in Switzerland, combining different ancient spa cultures in a unique cleansing ritual. Our team is on hand to provide a wide range of pampering massages and treatments, while our bistro lounge serves a fresh and varied selection of hot and cold snacks and drinks.

## BATHE IN LEGENDARY AQUI WATER

Here at Hürlimannbad & Spa Zürich, you can while away the hours bathing in legendary water, straight from the spring under the old Hürlimann brewery. What make this water special are its precious minerals and soothing warmth. Enjoy a unique spa experience within our vaults. A haven of peace and tranquillity in the heart of the busy city, with everything a spa-lover's heart could desire:

- The central spa area, featuring a large, stainless steel pool with massage jets, bubble loungers and whirlpools
- The emerald spa, with underwater music
- A steam bath, together with our rainshowers
- The rooftop infinity pool, with views of the entire city
- A bistro where you can relax, indulge and unwind

## OVERLOOKING THE ROOFTOPS OF ZÜRICH: INFINITY POOL

Bathing above the rooftops of Zürich: in our infinity pool, you can enjoy this unique experience all year round. Discover the city as you've never seen it before.

## DIVE IN AND BOOK YOUR VISIT

You can find more information and our photo gallery on our website [huerlimannbad.ch](https://www.huerlimannbad.ch)



Or you can book your moment of indulgence online right now.



# ADMISSION PRICES

## THERMAL BATHS & SPA

The best of ancient spa culture, combined with a unique, luxurious bathing ritual in historic surroundings: an exclusive experience in a very special atmosphere.

### THERMAL BATHS

#### INCL. ROOFTOP INFINITY POOL

Day admission (age 15+)	CHF 39
Children (7 to 14 years)	CHF 19
Children (4 to 6 years)	CHF 11
Children (1 to 3 years)	FREE
6x day admissions <sup>1</sup> (transferable)	CHF 195

Children may only use the thermal bath when accompanied by an adult. No admission for children under the age of 1 – except for lessons.

<sup>1</sup> This offer is valid for two years, plus chip wristband (+CHF 20 deposit).

### THERMAL BATHS & SPA

#### ROMAN-IRISH SPA RITUAL\*

#### INCL. ROOFTOP INFINITY POOL

Day admission (age 16+)	CHF 65
6x day admissions <sup>1</sup> (transferable)	CHF 325

### OPENING HOURS

Daily 9 am to 10 pm  
Pools open until 9:30 pm

We always close for a few weeks during the summer holidays to carry out our annual inspection.

Please see our website for special opening times.

### ITEMS FOR HIRE

Bath towel (+CHF 20 deposit)	CHF 5
Bathrobe (+CHF 20 deposit)	CHF 9
Swimwear (+CHF 20 deposit)	CHF 7
Bathing set (bathrobe, bath towel and swimwear, + CHF 50 deposit)	CHF 19
Private dressing room (for ages 16 and over, only bookable in person, +CHF 50 deposit)	CHF 10

#### \* ROMAN-IRISH SPA RITUAL

TAKES AROUND 1.5 HOURS IN TOTAL

##### I – Floral steam bath 40°C

Prepare your skin – open up your pores

##### II – Cleanse and scrub

An exfoliating scrub applied to the skin

##### III – Hot herbal steam 45°C

Work up a sweat and detoxify

##### IV – Hot bath 40°C

Deep relaxation in hot water

##### V – Hot stone

Rest and relaxation

##### VI – Roman bath 35°C

Relaxation bath

##### VII – Exercise pool 28°C

A gentle cool-down to complete the cleansing ritual

##### VIII – Hot stone

Rest and relaxation

##### IX – Ballroom

Rest and recuperation – some time to relax and read

##### X – Spa lounge

Rest and recuperation – enjoy some tea and a nice chat

# DAY SPA PACKAGES

## FIRST THINGS FIRST

Every day-spa offer includes a bathrobe and a small bath towel, as well as seasonal tea and fresh water, to make your stay as comfortable as possible.

## FOR A SUCCESSFUL SPA DAY

Please arrive at Hürlimannbad & Spa one to two hours before your first treatment.



## HÜRLIMANN RELAX

ADVANCE BOOKING REQUIRED // CHF 185

- Day admission to the thermal spa and Roman-Irish spa ritual
- Exfoliating massage with sea buckthorn (25 minutes)
- Full-body wrap of your choice: Rhassoul or chalk
- Milk and herbal-compress massage (25 minutes)
- A little treat from the spa lounge or bistro
- Bathrobe and small bath towel
- Tea and water

## HÜRLIMANN RELAX DELUXE

ADVANCE BOOKING REQUIRED // CHF 265

- Day admission to the thermal spa and Roman-Irish spa ritual
- Exfoliating massage with sea buckthorn (50 minutes) incl. facial cleanse and hair wash
- Full-body wrap of your choice: Rhassoul or chalk
- Milk and herbal-compress massage (50 minutes) incl. facial cleanse and massage
- A little treat from the spa lounge or bistro
- Bathrobe and small bath towel
- Tea and water

## BREAKFAST@HÜRLIMANN DELUXE

ADVANCE BOOKING REQUIRED // CHF 143  
MON-FRI, 9 AM-12 NOON

- Day admission to the thermal spa and Roman-Irish spa ritual
- Exfoliating massage with sea buckthorn (25 minutes) or milk and herbal-compress massage (25 minutes)
- Full-body wrap of your choice: Rhassoul or chalk
- Delicious breakfast with Birchermuesli, Croissants or bread rolls, butter and jam, Salami and cheese, a glass of juice and a hot drink of your choice
- Bathrobe and small bath towel
- Tea and water



## HÜRLIMANN VITAL PACKAGE

ADVANCE BOOKING REQUIRED // CHF 218

- Day admission to the thermal spa and Roman-Irish spa ritual
- Full-body wrap of your choice: Rhassoul or healing chalk
- Hürlimann vital massage (50 minutes)
- Aperitif platter in our bistro, served with a cocktail of your choice
- Bathrobe and small bath towel
- Tea and water

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# TREATMENTS & MASSAGES

An invigorating massage or therapeutic treatment is the perfect way to round off your spa experience. (Prices do not include admission)

## EXFOLIATING MASSAGE

25 MINUTES // CHF 60

50 MINUTES // CHF 110

ADVANCE BOOKING REQUIRED

Reinvigorate your skin with an exfoliating wet massage. Relax on heated Hammam stones and enjoy a pore-cleansing full-body scrub with exfoliating gloves, followed by a relaxing full-body massage with our Farfalla sea-buckthorn scrub.

We'll also round off your 50-minute massage with a pore-cleansing facial scrub, along with a hair wash and head massage.

## SUMMER BREEZE / WINTER DREAM MASSAGE (SEASONAL)

50 MINUTES // CHF 120

ADVANCE BOOKING REQUIRED

The Summer Breeze or Winter Dream massage begins with a gentle facial cleanse and face mask. While the firming Farfalla citrus face mask takes effect, you can lie back and relax as we use special, targeted techniques to stretch out and massage your back, neck, shoulders and head.

To round off the facial treatment, we apply a soothing tonic with a seasonal scent, then use a cooling rose-quartz facial roller to stimulate lymph flow.

And the grand finale: a relaxing leg and foot massage.

## SOAP FOAM MASSAGE

25 MINUTES // CHF 60

50 MINUTES // CHF 110

ADVANCE BOOKING REQUIRED

Enjoy a cleansing wet foam massage on heated Hammam stones, starting with a scrub. You will then be lathered in foam and treated to a massage using special, targeted techniques. The aroma of the mild, natural soap has a relaxing effect and boosts your mood.

A soothing hair wash with a head massage rounds off the 50-minute massage perfectly.

## MILK AND HERBAL- COMPRESS MASSAGE

25 MINUTES // CHF 60

50 MINUTES // CHF 110

75 MINUTES // CHF 165

ADVANCE BOOKING REQUIRED

Start off with a relaxing full-body massage: the body milk nourishes your skin and supplies some much-needed moisture. The treatment is rounded off with warm herbal compresses, which ease tension in your muscles and tissue.

The 25-minute massage can also be booked as a partial body massage.

You are also welcome to add a facial cleanse with face massage as part of your 50-minute or 75-minute massage.

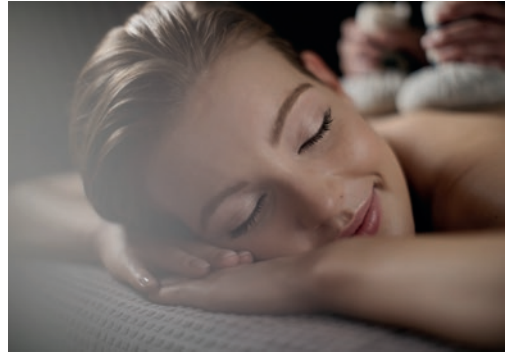
EXTRA CHARGE: CHF 6

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## HONEY AND GINGER OIL MASSAGE

50 MINUTES // CHF 120  
ADVANCE BOOKING REQUIRED

This detox massage restores your body's equilibrium, flushes out any excess toxins and leaves your muscles feeling completely relaxed. Enjoy an intensive and powerful full-body deep-tissue massage with a purifying effect. Special massage techniques are used to stimulate the lymphatic and circulatory systems, leaving the muscles feeling noticeably relaxed. All the while, the anti-inflammatory and pain-relieving properties of the ginger oil take effect deep in the skin tissue. To finish, we apply pressure along selected energy lines to get rid of the released toxins.



## HÜRLIMANN VITAL MASSAGE

50 MINUTES // CHF 120  
ADVANCE BOOKING REQUIRED

The Hürlimann vital massage is a unique combination of an oil massage and a hot-stone massage. The entire body is stretched out and massaged, front and back, first with soothing oil and then with hot stones. This method has been specially developed for our guests to help them relax, let go and enjoy the experience.

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## FULL-BODY WRAPS

### RHASSOUL

20 MINUTES // CHF 25

'Rhassoul', a Moroccan clay, has been a tried-and-tested Middle Eastern treatment for thousands of years. You apply the wrap in the steam bath and let the soothing ingredients take effect. Rhassoul helps cleanse your skin, leaving it wonderfully supple – a natural and soothing beauty treatment.

### RÜGEN HEALING CHALK

20 MINUTES // CHF 25

This chalk is a natural product that cleanses and nourishes the skin. It soothes and improves a range of skin issues. A chalk wrap leaves your skin feeling noticeably softer. It invigorates the circulatory and metabolic processes throughout your entire body. Again, you apply this wrap yourself in the steam bath and then leave it to soak in.

# WELLNESS & MORE

## BREAKFAST@HÜRLIMANN

CHF 56 // MON-SUN, 9 AM-12 NOON  
NO ADVANCE BOOKING REQUIRED

- Thermal spa day admission
- Delicious breakfast with Bircher muesli, croissants or bread rolls, butter, jam, salami and cheese, a glass of juice and a hot drink of your choice

The perfect start to the day: relax in the baths and enjoy a balanced breakfast in our bistro. Then you're ready for the day ahead!

## LUNCH & RELAX

CHF 92 // TUE-SAT, 9 AM-10 PM  
ADVANCE BOOKING REQUIRED; THESE TWO OFFERS MUST BE AVAILABLE ON THE SAME DAY

- Thermal spa day admission
- Two-course à la carte meal at the Weisses Rössli restaurant, including water and coffee

Weisses Rössli and Hürlimannbad & Spa Zürich have joined forces: fresh French and Mediterranean cuisine, served in a cosy local setting with 14 Gault Millau points, meets an exquisite wellness experience.

Please book your table at the Weisses Rössli on 044 212 63 00 or at [weisses-roessli.ch](http://weisses-roessli.ch), quoting 'thermal spa'.

## AFTERNOON CHILL

CHF 58 // MON-SUN, 2-8 PM  
NO ADVANCE BOOKING REQUIRED

- Thermal spa day admission
- Two cocktails from our cocktail menu

Enjoy a wonderful afternoon in the thermal spa and treat yourself to a refreshing cocktail in the bistro.

## DINE & RELAX DELUXE

CHF 144 // TUE-SAT, 9 AM-10 PM  
ADVANCE BOOKING REQUIRED; THESE TWO OFFERS MUST BE AVAILABLE ON THE SAME DAY

- Day admission to the thermal spa and Roman-Irish spa ritual
- Bath towel and bathrobe
- Tea and water
- Aperitif at the Weisses Rössli restaurant, followed by a three-course à la carte meal, including water and coffee

Weisses Rössli and Hürlimannbad & Spa Zürich have joined forces: fresh French and Mediterranean cuisine, served in a cosy local setting with 14 Gault Millau points, meets an exquisite wellness experience.

Please book your table at the Weisses Rössli on 044 212 63 00 or at [weisses-roessli.ch](http://weisses-roessli.ch), quoting 'thermal spa'.





# OFFERS FOR TWO PEOPLE

## BUBBLES & STRAWBERRIES

NO ADVANCE BOOKING REQUIRED //  
CHF 178/2 PEOPLE

- Day admission to the thermal spa and Roman-Irish spa ritual
- A small bottle of champagne served with delicious strawberries
- Two bathrobes and a small bath towel
- Tea and water

Treat yourself and top off your stay with champagne and strawberries.



## TOI & MOI

ADVANCE BOOKING REQUIRED // CHF 429/2 PEOPLE

Luxury and freedom: take some time to relax in our exclusive private spa. This beautifully designed suite, complete with a two-person bathtub, leather sofas and cushions, is the perfect place to while away the day. Enjoy the private spa with our Cleopatra milk bath, an aperitif platter and a massage – a wonderful little getaway for two.

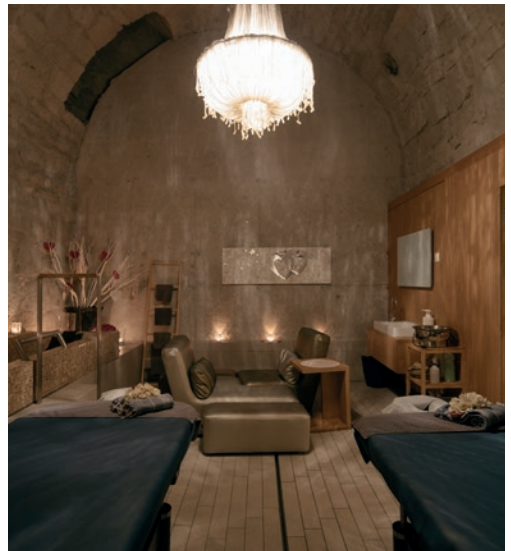
- Day admission to the thermal spa and Roman-Irish spa ritual
- Full body wrap of your choice: Rhassoul or healing chalk
- 1.5 hours in the Toi & Moi private spa with the spa aperitif platter, Prosecco, Cleopatra milk bath and a milk and herbal-compress massage (50 minutes)
- Two bathrobes and a small bath towel
- Tea and water

## PURE GINGER

ADVANCE BOOKING REQUIRED // CHF 384/2 PEOPLE

Enjoy an intensive, powerful full-body deep-tissue massage with a purifying effect.

- Day admission to the thermal spa and Roman-Irish spa ritual
- Honey-ginger-oil massage (50 minutes)
- Home-made drink at the spa reception
- Two bathrobes and a small bath towel
- Tea and water
- Gift bag with a little surprise



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# BABY SWIMMING LESSONS

8 CLASSES OF 30 MINUTES // CHF 280

In our baby swimming classes, you and your baby can have a wonderful time together in warm 35°C thermal water. Swimming with your baby helps strengthen your bond and it's also a fun way to get them used to the water. Swimming boosts your baby's physical and mental development – and it's great fun, too.

Big news for water babies: our baby swimming lessons are the perfect way to get active with your child and ease them into the water. The lessons are held in the teaching pool at Hürlimannbad & Spa Zürich.

## LESSON DAYS & TIMES

All lesson days and times are available on our website: [huerlimannbad.ch](http://huerlimannbad.ch)



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# TODDLER SWIMMING LESSONS

8 CLASSES OF 30 MINUTES // CHF 280

Accompanied by an adult relative or guardian, toddlers can build up their water confidence in our swimming lessons. This is a fun and relaxed way to get your child used to moving around in the water – laughing, singing and splashing to their heart's content.

Big news for water babies: our toddler swimming lessons are the perfect way to get active with your child and ease them into the water. The lessons are held in the teaching pool at Hürlimannbad & Spa Zürich. The pool is reserved for the little ones for the duration of their lesson. The water is heated to 35°C.

## LESSON DAYS & TIMES

All lesson days and times are available on our website: [huerlimannbad.ch](http://huerlimannbad.ch)



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# AQUA YOGA

8 CLASSES OF 50 MINUTES // CHF 380

Our aqua yoga classes for pregnant women combine the properties of warm water with the benefits of yoga – an ancient Indian technique that has been developed over thousands of years. In this course, you'll focus on connecting conscious breathing with slow movements, as well as floating in warm water as a relaxation technique. Mothers-to-be will feel supported, calm and weightless. The classes will also leave you feeling more confident about the birth. As your body is carried by the water, you'll feel the weight lifted from your whole musculoskeletal system, leaving you deeply relaxed. A truly feel-good moment for both mother and child.

## LESSON DAYS & TIMES

All lesson days and times are available on our website: [huerlimannbad.ch](http://huerlimannbad.ch)



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# BIRTH PREPARATION CLASSES

6 CLASSES OF 90 MINUTES // CHF 260

Pregnancy is a period of major change and the prelude to an important new stage of life. Preparing for the birth and becoming a parent while floating in the warm water is a very special experience. When we're in the water, we're in the same kind of environment as an unborn child: weightless, supported, safe and enveloped. Our body lets go and our breathing gets deeper.

The 35°C water is wonderfully relaxing. It relieves tension in the back, which is sometimes caused by pregnancy.

Entering the water, submerging ourselves or simply floating, all while listening to the sound of the water, enables us to feel connected with our unborn child in a unique way. Prepare for the upcoming birth in water-based classes led by qualified midwives.

## LESSON DAYS & TIMES

All lesson days and times are available on our website: [huerlimannbad.ch](http://huerlimannbad.ch)

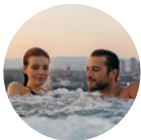


OUR SPAS PROVIDE SMOOTHLY FLOWING HAVENS OF REST AND RELAXATION FOR YOU TO EXPERIENCE. WE HAVE SPAS IN SIX REGIONS OF SWITZERLAND.

Solbad & Spa  
SCHÖNBÜHL



Hürlimannbad & Spa  
ZÜRICH



Mineralbad & Spa  
RIGI KALTBAD



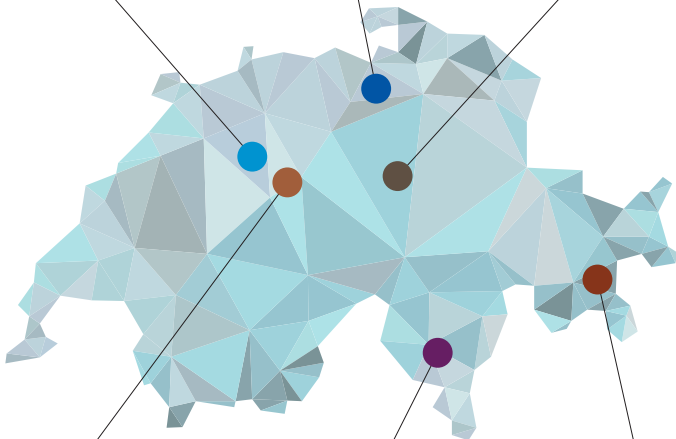
Hamмам & Spa  
OKTOGON BERN



Termali Salini & Spa  
LOCARNO



Mineralbad & Spa  
SAMEDAN



All prices are in CHF and include VAT. Offers and prices are subject to change. Last updated January 2023

ENJOY – RELAX – FORGET ABOUT TIME IN ONE OF AQUA-SPA-RESORTS' SPA WORLDS  
Bern | Schönbühl | Samedan | Zürich | Rigi Kaltbad | Locarno

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